


**JANUARY 2025 GHS BREAKFAST MENU** Yogurt or Peanut butter available. Milk served daily.

**Menu Subject Change**

**All meals Are Free. Please let us know of any allergies.**


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1/ <b>NO SCHOOL</b>	2/ <b>NO SCHOOL</b>	3/ <b>NO SCHOOL</b>
6/ WG bagels Fruit Or WG Cereal	7/ Breakfast sandwich Egg/Cheese WG English muffin Fruit Or WG Cereal	WG Banana muffins Fruit Or WG Cereal	9/ Quiche Bacon Slices WG English Muffin Fruit Or WG Cereal	10/ Smoothie WG Granola bar Asst. Fruit Yogurt Or WG Cereal
13/ WG bagels Fruit Or WG Cereal	14/ Breakfast sandwich Egg/Sausage WG E. Muffin Fruit Or WG Cereal	15/ WG Honey bun Fruit Or WG Cereal	16/ Cheddar cheese potato bake English muffin Bacon Fruit Or WG Cereal	17/ WG English Muffin w/PB, Jelly Fruit Or WG cereal
20/ <b>NO SCHOOL</b>	21/ Breakfast sandwich Egg/Bacon WG English Muffin Fruit Or WG Cereal	22/ <b>NO SCHOOL</b>	23/ Scrambled Egg Bake Sausage Links WG English Muffin Fruit Or WG Cereal	24/ Fruit parfait WG Granola Bar Fruit Or WG Cereal
27/ WG bagels Fruit Or WG Cereal	28/ Breakfast sandwich Egg/Cheese WG English muffin Fruit Or WG Cereal	29/ WG Blueberry Muffin Fruit Or WG Cereal	30/ WG Breakfast Burrito Sausage Links Salsa Fruit Or WG Cereal	31/ WG English Muffin W/ PB / Jelly Fruit Or WG Cereal

**USDA NONDISCRIMINATION STATEMENT**

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.**

**ESTA INSTITUCION OFRECE IGUALDED DE OPORTUNIDADES.**

**JANUARY 2025 GHS LUNCH MENU**      Milk, Fruit, and Salad Bar served daily.  
**Menu Subject To Change. All Meals Are Free. Please inform us of any allergies.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1/ <b>NO SCHOOL</b>	2/ <b>NO SCHOOL</b>	3/ <b>NO SCHOOL</b>
6/ Chicken Alfredo Broccoli WG Roll Carrot Sticks ½ c. Sliced Peaches 1 c.	7/ Beef Stew Green Beans ½ c. WG Biscuit Applesauce 1 c.	8/ WG Bosco Sticks 1 oz. Cheese Stick W/Marinara Sauce ½ c. Veggie Medley ½ c. Strawberries 1 c.	9/ Fish Sticks 4 sticks Sweet Potato Puffs ½ c. Peas ½ c. WG Dinner Roll Sliced Pears 1 c.	10/ Crabby sandwich WG Crescent Roll Lettuce/tomato ¼ c. ea. Cucumber Wedge W/ Dip ½ c WG Gold Fish Grapes 1 c.
13/ Baked Fried Chicken WG Roll Baked Potato ½ c. Sliced Carrots ½ c. Applesauce 1 c.	14/ Meatball Grinders WG Hoagie Roll Green Beans ½ c. Mandarin Oranges 1 c.	15/ Stuffed Crust Pizza Caesar Salad 1 c. Brownie Banana	16/ Cheeseburgers WG Hamburg Roll ColeSlaw ½ c. Potato puffs ½ c. ea. WG Gold Fish Sliced Peaches 1 c.	17/ Chicken Caesar wrap Baby Carrots w/ Dip ¾ c. WG Wrap WG Sun Chips Watermelon Chunks 1 c.
20/ <b>NO SCHOOL</b>	21/ Mac & Cheese Sliced carrots 1 c. WG Dinner Roll 1.25 oz. Sliced Peaches 1 c.	22/ <b>NO SCHOOL</b>	23/ Taco's 2 ea. Spanish Rice ¼ c. Lettuce/Tomato ¼ c. ea. Sour Cream/Salsa 1 oz. ea. Pineapple Tidbits ¾ c.	24/ Ham/Cheese WG Hamburg Roll Carrots&Celery Sticks W/Dip ½ c. ea. WG Sun Chips Fresh Fruit
27/ BBQ Chicken Rice pilaf ½ c. Mixed Veggies ¾ c. WG Dinner roll 1.25 oz. Mandarin Oranges 1 c.	28/ Ground Beef W/ Macaroni Garlic Bread Sticks Broccoli ¾ c. Diced Peaches 1 c.	29/ WG Pepperoni Pizza Rounds Mixed Veggie 1 c. Peanut butter cookie Apple	30/ Grilled ham & Cheese WG bread Tomato Soup Celery Sticks ½ c. Mandarin Oranges	31/ Turkey/cheese WG Hamburg roll Lettuce/tomato ¼ c. ea. Cucumber Wedges W/ Dip ½ c. WG sun chips Watermelon Chunks 1 c

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