


JANUARY 2025 GHS BREAKFAST MENU Yogurt or Peanut butter available. Milk served daily.

Menu Subject Change

All meals Are Free. Please let us know of any allergies.


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1/ NO SCHOOL	2/ NO SCHOOL	3/ NO SCHOOL
6/ WG bagels Fruit Or WG Cereal	7/ Breakfast sandwich Egg/Cheese WG English muffin Fruit Or WG Cereal	WG Banana muffins Fruit Or WG Cereal	9/ Quiche Bacon Slices WG English Muffin Fruit Or WG Cereal	10/ Smoothie WG Granola bar Asst. Fruit Yogurt Or WG Cereal
13/ WG bagels Fruit Or WG Cereal	14/ Breakfast sandwich Egg/Sausage WG E. Muffin Fruit Or WG Cereal	15/ WG Honey bun Fruit Or WG Cereal	16/ Cheddar cheese potato bake English muffin Bacon Fruit Or WG Cereal	17/ WG English Muffin w/PB, Jelly Fruit Or WG cereal
20/ NO SCHOOL	21/ Breakfast sandwich Egg/Bacon WG English Muffin Fruit Or WG Cereal	22/ WG 2 oz. Pumpkin Muffin Fruit Or WG Cereal	23/ Scrambled Egg Bake Sausage Links WG English Muffin Fruit Or WG Cereal	24/ Fruit parfait WG Granola Bar Fruit Or WG Cereal
27/ WG bagels Fruit Or WG Cereal	28/ Breakfast sandwich Egg/Cheese WG English muffin Fruit Or WG Cereal	29/ WG Blueberry Muffin Fruit Or WG Cereal	30/ WG Breakfast Burrito Sausage Links Salsa Fruit Or WG Cereal	31/ WG English Muffin W/ PB / Jelly Fruit Or WG Cereal

USDA NONDISCRIMINATION STATEMENT

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

ESTA INSTITUCION OFRECE IGUALDED DE OPORTUNIDADES.

JANUARY 2025 GHS LUNCH MENU Milk, Fruit, and Salad Bar served daily.
Menu Subject To Change. All Meals Are Free. Please inform us of any allergies.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1/ NO SCHOOL	2/ NO SCHOOL	3/ NO SCHOOL
6/ Chicken Alfredo Broccoli WG Roll Carrot Sticks ½ c. Sliced Peaches 1 c.	7/ Beef Stew Green Beans ½ c. WG Biscuit Applesauce 1 c.	8/ WG Bosco Sticks 1 oz. Cheese Stick W/Marinara Sauce ½ c. Veggie Medley ½ c. Strawberries 1 c.	9/ Fish Sticks 4 sticks Sweet Potato Puffs ½ c. Peas ½ c. WG Dinner Roll Sliced Pears 1 c.	10/ Crabby sandwich WG Crescent Roll Lettuce/tomato ¼ c. ea. Cucumber Wedge W/ Dip ½ c WG Gold Fish Grapes 1 c.
13/ Baked Fried Chicken WG Roll Baked Potato ½ c. Sliced Carrots ½ c. Applesauce 1 c.	14/ Meatball Grinders WG Hoagie Roll Green Beans ½ c. Mandarin Oranges 1 c.	15/ Stuffed Crust Pizza Caesar Salad 1 c. Brownie Banana	16/ Cheeseburgers WG Hamburg Roll ColeSlaw ½ c. Potato puffs ½ c. ea. WG Gold Fish Sliced Peaches 1 c.	17/ Chicken Caesar wrap Baby Carrots w/ Dip ¾ c. WG Wrap WG Sun Chips Watermelon Chunks 1 c.
20/ NO SCHOOL	21/ Mac & Cheese Sliced carrots 1 c. WG Dinner Roll 1.25 oz. Sliced Peaches 1 c.	22/ WG Pepperoni Pizza Rounds Mixed Veggies 1 c. Peanut butter cookie Apple	23/ PB & Jelly WG Bread Baby Carrots ½ c. Cucumber Wedges ½ c. Sun Chips	24/ Ham/Cheese WG Hamburg Roll Carrots&Celery Sticks W/Dip ½ c. ea. WG Sun Chips Fresh Fruit
27/ BBQ Chicken Rice pilaf ½ c. Mixed Veggies ¾ c. WG Dinner roll 1.25 oz. Mandarin Oranges 1 c.	28/ Ground Beef W/ Macaroni Garlic Bread Sticks Broccoli ¾ c. Sliced Peaches 1 c.	29/ French Bread Pizza Caesar Salad Grapes Choc. Chip Cookie	30/ Grilled ham & Cheese WG bread Tomato Soup Celery Sticks ½ c. Sliced Apples	31/ Turkey/cheese WG Hamburg roll Lettuce/tomato ¼ c. ea. Cucumber Wedges W/ Dip ½ c. WG sun chips Fresh Fruit

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