



**MAY 2026 GHS BREAKFAST MENU Yogurt or Peanut butter available. Milk served daily.**

**Menu Subject Change**

**All meals Are Free. Please let us know of any allergies.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1/  <b>NO SCHOOL</b>
4/ WG bagels Fruit Or WG Cereal	5/ Breakfast sandwich Egg/sausage WG English Muffin or Bagel Fruit Or WG Cereal	6/ WG Breakfast Bar Fruit Or WG Cereal	7/ WG Banana muffins Fruit Or WG Cereal	8/ WG English Muffin w/PB, Jelly Fruit Or WG cereal
11/ WG bagels Fruit Or WG Cereal	12/ Breakfast sandwich Egg/Bacon WG English Muffin Fruit Or WG Cereal	13/ WG Honey bun Fruit Or WG Cereal	14/ WG Pancakes Sausage Links Fruit Or WG Cereal	15/ WG English Muffin w/PB, Jelly Fruit Or WG cereal
18/ Fruit Parfait WG Breakfast Bar Fruit Or WG Cereal	19/ Breakfast sandwich Egg/Cheese WG English muffin Fruit Or WG Cereal	20/ WG Choc. Chip Banana Muffin Fruit Or WG Cereal	21/ Scrambled Egg Bake Sausage Links WG English Muffin Fruit Or WG Cereal	22/  <b>NO SCHOOL</b>
25/ <b>NO SCHOOL</b>	26/ Breakfast sandwich Egg/sausage WG English Muffin or Bagel Fruit Or WG Cereal	27/ Fruit Breakfast Pizza Fruit Or WG Cereal	28/ Hash brown Casserole Ham Slices Fruit Or Cereal	29/ Smoothie WG Granola bar Asst. Fruit Yogurt Or WG Cereal

**MAY 2026 GHS LUNCH MENU** Milk, Fruit, and Salad Bar served daily.  
**Menu Subject To Change. All Meals Are Free. Please inform us of any allergies.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			.	1/ <b>NO SCHOOL</b>
4/ Chicken Patty WG Hamburg Roll Lettuce/Tomato $\frac{1}{4}$ c. ea. Sliced Carrots $\frac{1}{2}$ c. Mandarin Oranges $\frac{1}{2}$ c.	5/ Meatball Grinders WG Hoagie Roll Green Beans $\frac{1}{2}$ c. Apple Slices $\frac{1}{2}$ c.	6/ WG Bosco Sticks 1 oz. Cheese Stick W/Marinara Sauce $\frac{1}{2}$ c. Veggie Medley $\frac{1}{2}$ c. Strawberries 1 c.	7/ Ham/Cheese WG Hamburg Roll Lettuce/Tomato $\frac{1}{4}$ c. ea. WG Chips Fresh Fruit	8/ Tuna Salad WG Hoagie Roll Lettuce/Tomato $\frac{1}{4}$ ea. Baby carrots W/ Dip $\frac{1}{2}$ c. Chips fruit
11/ BBQ Chicken Rice pilaf $\frac{1}{2}$ c. Mixed Veggies $\frac{3}{4}$ c. WG Dinner roll 1.25 oz. Mandarin Oranges 1 c.	12/ Teriyaki Steak Bombs WG Sub Rolls French Fries Watermelon	13/ WG Stuffed Crust pizza Caesar Salad 1 c. Choc. Chip Cookies Grapes 1 c.	14/ Grilled ham & Cheese WG bread Tomato Soup Celery Sticks $\frac{1}{2}$ c. Mandarin Oranges	15/ Turkey/ Cheese WG Hamburg roll Lettuce/Tomato $\frac{1}{4}$ c.ea. Cucumber Wedge w/ Dip $\frac{1}{2}$ c. Chips Fruit
18/ Sweet Thai Chicken Rice Pilaf $\frac{3}{4}$ c. WG Dinner Roll 1.25 oz. Sliced peaches $\frac{1}{2}$ c. Peas $\frac{2}{3}$ c.	19/ Spaghetti w/Meat Sauce WG Dinner Roll 1 oz. Sautéed Spinach W/Garlic $\frac{3}{4}$ c. Apple	20/ French Bread Pizza Veggie Medley 1 c. Chocolate Cupcakes W/Frosting Sliced Pears	21/ Cheeseburger WG Hamburg Roll Potato & Egg Salad Grapes Lettuce/ Tomato	22/ <b>NO SCHOOL</b>
25/ <b>NO SCHOOL</b>	26/ Mac & Cheese Sliced carrots 1 c. WG Dinner Roll 1.25 oz. Sliced Peaches 1 c.	27/ WG Pepperoni Pizza Rounds Mixed Veggie 1 c. Pumpkin Choc. Chip Cookie Applesauce	28/ Taco Salad Lettuce/Tomato $\frac{1}{4}$ c. ea. Spanish Rice $\frac{1}{4}$ c. Sour Cream/Salsa 1 oz. ea. Pineapple Tidbits $\frac{3}{4}$ c.	29/ Chicken Salad WG Hamburg Roll Lettuce/Tomato $\frac{1}{4}$ c. ea. Baby Carrots $\frac{1}{2}$ c. Sun Chips Bananas