


JULY 2026 GHS BREAKFAST MENU Yogurt or Peanut butter available. Milk served daily.

Menu Subject Change

All meals Are Free. Please let us know of any allergies.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1/ NO SCHOOL	2/ NO SCHOOL	3/ NO SCHOOL
6/ NO SCHOOL	7/ Breakfast sandwich Egg/Bacon WG English muffin Fruit Or WG Cereal	8/ WG Choc. Chip Banana Muffin Fruit Or WG Cereal	9/ French Toast Sausage Links Fruit Or WG Cereal	10/ NO SCHOOL
13/ NO SCHOOL	14/ Breakfast sandwich Egg/Cheese WG English muffin Fruit Or WG Cereal	15/ WG Honey Bun Fruit Or WG Cereal	16/ Scrambled Egg Bake Bacon Slices WG English Muffin Fruit Or WG Cereal	17/ NO SCHOOL
20/ NO SCHOOL	21/ Grizzly Griddle Egg/Sausage WG Pancake Fruit Or WG Cereal	22/ WG 2 oz. Coffee Cake Muffin Fruit Or WG Cereal	23/ WG Waffle Strawberries/Whip Cream Sausage Links Or WG Cereal	24/ NO SCHOOL
27/ NO SCHOOL	28/ Breakfast sandwich Egg/Bacon WG English muffin Fruit Or WG Cereal	29/ WG Banana muffins Fruit Or WG Cereal	30/ WG Pancakes Bacon Slices Fruit Or WG Cereal	31/ NO SCHOOL

USDA NONDISCRIMINATION STATEMENT

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

ESTA INSTITUCION OFRECE IGUALDED DE OPORTUNIDADES.

JULY 2026 GHS SNACK MENU Yogurt, Fruit or String Cheese Available.
All meals Are Free. Please let us know of any allergies.


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1/ NO SCHOOL	2/ NO SCHOOL	3/ NO SCHOOL
6/ NO SCHOOL	7/ Apple Cinnamon Rice Cakes String Cheese	8/ Slice Cheese 1 oz. Pepperoni 8 Slices Ritz Crackers 8	9/ Graham Crackers 1 oz. Peanut Butter 1 oz.	10/ NO SCHOOL
13/ NO SCHOOL	14/ Baby Carrots ½ c. Ranch Dressing 1 oz.	15/ Slice Cheese 1 oz. Pepperoni 8 Slices Crackers (Ritz) 8	16/ Cheese trail mix ½ c.	17/ NO SCHOOL
20/ NO SCHOOL	21/ Ritz Crackers 1 oz. Peanut Butter 1 oz.	22/ Goldfish Pretzels .75 oz String Cheese 1 oz.	23/ Trail Mix ½ c.	24/ NO SCHOOL
27/ NO SCHOOL	28/ WG Pop Tart String Cheese 1 oz.	29/ Cucumbers ½ c. Ranch dressing 1.5 oz. cup	30/ Sweet Trail Mix ½ c.	31/ NO SCHOOL

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JULY 2026 GHS LUNCH MENU Milk, Fruit, and Salad Bar served daily.
Menu Subject To Change. All Meals Are Free. Please inform us of any allergies.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1/ NO SCHOOL	2/ NO SCHOOL	3/ NO SCHOOL
6/ NO SCHOOL	7/ Chicken Patty WG Hamburg Roll Lettuce/Tomato $\frac{1}{4}$ c. ea. Baby Carrots W/Dip $\frac{1}{2}$ c. Apple Slices	8/ WG Stuffed Crust Pizza Caesar Salad 1 c. Choc. Chip Cookies Banana	9/ Turkey/ Cheese WG Hamburg roll Lettuce/Tomato $\frac{1}{4}$ c. ea. Cucumber Wedge w/ Dip $\frac{1}{2}$ c. Chips Grapes	10/ NO SCHOOL
13/ NO SCHOOL	14/ Meatball Grinders WG Hoagie Roll Green Beans $\frac{1}{2}$ c. Mandarin Oranges 1 c.	15/ WG Bosco Sticks 1 oz. Cheese Stick W/Marinara Sauce $\frac{1}{2}$ c. Tossed Salad Strawberries 1 c.	16/ Chicken Salad Baby Carrots w/ Dip $\frac{3}{4}$ c. WG Croissant Rolls Chips Watermelon Chunks 1 c.	17/ NO SCHOOL
20/ NO SCHOOL	21/ Taco Salad Tortilla Chips Lettuce/Tomato $\frac{1}{4}$ c. ea. Sour Cream/Salsa Watermelon	22/ WG Pepperoni Pizza Round French Fries Garden Salad Brownie Banana	23/ Ham/ Cheese WG Hamburg roll Lettuce/Tomato $\frac{1}{4}$ c. ea. Carrot Sticks w/ Dip $\frac{1}{2}$ c. Chips Apple	24/ NO SCHOOL
27/ NO SCHOOL	28/ Chicken Nuggets Pasta Salad WG Roll Mandarin Oranges	29/ French Bread Pizza Caesar Salad Grapes Sugar Cookie	30/ Tuna or Egg Salad Cucumber Wedges w/Dip WG Hoagie Rolls Chips Orange	31/ NO SCHOOL

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AUGUST 2026 GHS BREAKFAST MENU Yogurt or Peanut butter available. Milk served daily.

Menu Subject Change

All meals Are Free. Please let us know of any allergies.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3/ NO SCHOOL	4/ Breakfast sandwich Egg/Sausage WG English muffin Fruit Or WG Cereal	5/ WG Assorted Muffins Fruit Or WG Cereal	6/ French Toast Sticks Sausage Links Fruit Or WG Cereal	7/ NO SCHOOL
10/ NO SCHOOL	11/ NO SCHOOL	12/ NO SCHOOL	13/ NO SCHOOL	14/ NO SCHOOL
17/ NO SCHOOL	18/ NO SCHOOL	19/ NO SCHOOL	20/ NO SCHOOL	21/ NO SCHOOL
24/ NO SCHOOL	25/ NO SCHOOL	26/ NO SCHOOL	27/ NO SCHOOL	28/ NO SCHOOL
31/ NO SCHOOL				

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AUGUST 2026 GHS SNACK MENU Yogurt, Fruit or String Cheese Available.
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3/ NO SCHOOL	4/ Apple Cinnamon Rice Cakes String Cheese	5/ Slice Cheese 1 oz. Pepperoni 8 Slices Ritz Crackers 8	6/ Graham Crackers 1 oz. Peanut Butter 1 oz.	7/ NO SCHOOL
10/ NO SCHOOL	11/ NO SCHOOL	12/ NO SCHOOL	13/ NO SCHOOL	14/ NO SCHOOL
17/ NO SCHOOL	18/ NO SCHOOL	19/ NO SCHOOL	20/ NO SCHOOL	21/ NO SCHOOL
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3/ NO SCHOOL	4/ Chicken Patty WG Hamburg Roll Lettuce/Tomato $\frac{1}{4}$ c. ea. Baby Carrots W/Dip $\frac{1}{2}$ c. Apple	5/ WG Bosco Sticks 1 oz. Cheese Stick W/Marinara Sauce $\frac{1}{2}$ c. Tossed Salad Choc. Chip Cookies	6/ Turkey/ Cheese WG Hamburg roll Lettuce/Tomato $\frac{1}{4}$ c. ea. Cucumber Wedge w/ Dip $\frac{1}{2}$ c. Chips	7/ NO SCHOOL
10/ NO SCHOOL	11/ NO SCHOOL	12/ NO SCHOOL	13/ NO SCHOOL	14/ NO SCHOOL
17/ NO SCHOOL	18/ NO SCHOOL	19/ NO SCHOOL	20/ NO SCHOOL	21/ NO SCHOOL
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