



Granite Hill School Wellness Goals 2026-2027

1. The Wellness Committee will create and disseminate quarterly wellness updates, including posting on the school website.
2. GHS will improve the current snack program to include less processed options and more protein options.
3. The Wellness Committee will implement quarterly themes throughout the school, including both staff and student wellness and bulletin boards.
4. GHS will promote daily movement by using the scheduled wellness block and the school's SEL curriculum to provide students with the opportunity to be physically active and to encourage 100% engagement in the school's designated movement-based activities.
5. GHS will provide education and information on healthy hydration options in conjunction with school store offerings.