

**SEPTEMBER 2026 GHS LUNCH MENU**      **Milk, Fruit, and Salad Bar served daily.**  
**Menu Subject To Change. All Meals Are Free. Please inform us of any allergies.**

| <b>MONDAY</b>                                                                                           | <b>TUESDAY</b>                                                                                                         | <b>WEDNESDAY</b>                                                                                           | <b>THURSDAY</b>                                                                                                      | <b>FRIDAY</b>                                                                                          |
|---------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|
| <b>31/</b><br>Chicken Patty<br>WG Hamburg Roll<br>Lettuce/Tomato<br>Cucumber Wedges<br>Mandarin Oranges | <b>1/</b><br>Meatball Grinders<br>WG Hoagie Roll<br>Green Beans<br>Mozzarella Cheese (3 oz.)<br>Apple Slices           | <b>2/</b><br>WG Bosco Sticks<br>W/Marinara Sauce<br>Potato Wedges<br>Carrot Sticks<br>Strawberry Shortcake | <b>3/</b><br>Ham & Cheese<br>Croissant Roll<br>Lettuce/Tomato<br>Chips<br>Fresh Fruit                                | <b>4/</b><br><br><b>NO SCHOOL</b>                                                                      |
| <b>7/</b><br><br><b>NO SCHOOL</b>                                                                       | <b>8/</b><br>Mac & Cheese<br>WG Dinner Roll<br>Carrot Slices<br>Sliced Peaches                                         | <b>9/</b><br>WG stuffed Pizza<br>Caesar Salad<br>Grapes<br>Cucumber Wedges<br>Chocolate Chip Cookies       | <b>10/</b><br>Cheeseburger<br>Wg Hamburger Rolls<br>Potato & Egg Salad<br>Lettuce/Tomato<br>Watermelon               | <b>11/</b><br>Turkey & Cheese<br>WG Hamburg Rolls<br>Lettuce/Tomato<br>Baby Carrots<br>Chips<br>Fruit  |
| <b>14/</b><br>Hot Honey Chicken<br>On a Croissant<br>Sliced Carrots<br>Sliced Peaches                   | <b>15/</b><br>Teriyaki Steak Bombs<br>Onions/Peppers<br>Mozzarella Cheese<br>WG Sub Rolls<br>Curly Fries<br>Applesauce | <b>16/</b><br>WG Pepperoni Pizza Rounds<br>Mixed Veggies<br>Snicker Doodles<br>Sliced Pears                | <b>17/</b><br>Taco Salad<br>Lettuce/Tomato<br>Spanish Rice<br>Tortilla Chips<br>Sour Cream/Salsa<br>Pineapple Chunks | <b>18/</b><br>Tuna/Egg Salad<br>WG Hoagie Rolls<br>Lettuce/Tomato<br>Cucumber Wedges<br>Chips<br>Fruit |
| <b>21/</b><br>BBQ Chicken Breast<br>Rice Pilaf<br>Mixed Veggies<br>WG Roll<br>Mandarin Oranges          | <b>22/</b><br>Spaghetti w/Meatsauce<br>Garlic Toast<br>Broccoli<br>Sliced Peaches                                      | <b>23/</b><br>French Bread Pizza<br>Veggie Medley<br>No Bake cookie<br>Cinnamon Apple Slices               | <b>24/</b><br>Grilled ham & Cheese<br>Tomato Soup<br>Celery Sticks<br>Mandarin Oranges                               | <b>25/</b><br>Chicken Salad<br>WG Hamburg Rolls<br>Lettuce/Tomato<br>Baby Carrots<br>Chips<br>Bananas  |
| <b>28/</b><br>Chicken Pie<br>Biscuit<br>Sliced Peaches                                                  | <b>29/</b><br>Shepard's Pie<br>WG Roll<br>Applesauce                                                                   | <b>30/</b><br>WG Bosco Sticks<br>W/Marinara Sauce<br>Caesar Salad<br>Apple Crisp                           |                                                                                                                      |                   |

**USDA NONDISCRIMINATION STATEMENT**

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.**

**ESTA INSTITUCION OFRECE IGUALDEDE DE OPORTUNIDADES.**

**SEPTEMBER 2026 GHS BREAKFAST MENU** Yogurt or Peanut butter available. Milk served daily.  
**Menu Subject Change**  
**All meals Are Free. Please let us know of any allergies.**

| <b>MONDAY</b>                                                        | <b>TUESDAY</b>                                                                           | <b>WEDNESDAY</b>                                               | <b>THURSDAY</b>                                                                            | <b>FRIDAY</b>                                                                         |
|----------------------------------------------------------------------|------------------------------------------------------------------------------------------|----------------------------------------------------------------|--------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| 31/<br>WG Bagel<br>Fruit<br>Or<br>WG Cereal                          | 1/<br>Breakfast sandwich<br>Egg/Sausage<br>WG English muffin<br>Fruit<br>Or<br>WG Cereal | 2/<br>Blueberry Muffin<br>Fruit<br>Or<br>WG Cereal             | 3/<br>French Toast<br>Sausage Links<br>Fruit<br>Or<br>WG Cereal                            | 4/<br><br><b>NO SCHOOL</b>                                                            |
| 7/<br><b>NO SCHOOL</b>                                               | 8/<br>Breakfast sandwich<br>Egg/Bacon<br>WG English muffin<br>Fruit<br>Or<br>WG Cereal   | 9/<br>WG Choc. Chip Banana Muffin<br>Fruit<br>Or<br>WG Cereal  | 10/<br>Scrambled Egg Bake<br>Bacon Slices<br>WG English Muffin<br>Fruit<br>Or<br>WG Cereal | 11/<br>WG English Muffin<br>PB, Jelly<br>Or<br>WG Cereal                              |
| 14/<br>Fruit Parfait<br>WG Breakfast Bar<br>Fruit<br>Or<br>WG Cereal | 15/<br>Breakfast sandwich<br>Egg/Cheese<br>WG English muffin<br>Fruit<br>Or<br>WG Cereal | 16/<br>WG Honey Bun<br>Fruit<br>Or<br>WG Cereal                | 17/<br>Hash Brown Casserole<br>Sausage Patty<br>Fruit<br>Or<br>WG Cereal                   | 18/<br>WG English Muffin<br>PB, Jelly<br>Or<br>WG Cereal                              |
| 21/<br>WG Bagel<br>Fruit<br>Or<br>WG Cereal                          | 22/<br>Grizzly Griddle<br>Egg/Sausage<br>WG Pancake<br>Fruit<br>Or<br>WG Cereal          | 23/<br>WG 2 oz. Coffee Cake Muffin<br>Fruit<br>Or<br>WG Cereal | 24/<br>Scrambled Egg<br>Sausage Links<br>WG English Muffin<br>Fruit<br>Or<br>WG Cereal     | 25/<br>WG English Muffin<br>PB, Jelly<br>Or<br>WG Cereal                              |
| 28/<br>WG Bagel<br>Fruit<br>Or<br>WG Cereal                          | 29/<br>Breakfast sandwich<br>Egg/Bacon<br>WG English muffin<br>Fruit<br>Or<br>WG Cereal  | 30/<br>WG Banana muffins<br>Fruit<br>Or<br>WG Cereal           |                                                                                            |  |

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